



Quail Ridge Park to Troy FastLane (Winter route) (2250')

JGK 1/24

START

0.0	@	Quail Ridge Park
0.1	L	Bluestem Way
0.3	R	Quail Ridge Parkway
0.3	L	Bike Trail @Interstate Dr
1.2	X	Hwy Z on Bike Trail
5.2	R	Schaper Rd
5.6	L	Veterans Mem Parkway (Busy)
7.3		Optn. Rest Rooms - McDonalds
7.4	R	Hwy W (Busy)
7.4	X	I-70
8.7	L	Dietrich Rd
11.9	L	English Rd
12.8	R	Myers Rd
16.5	L	Hwy U (Caution Busy)
16.6	R	Rockport Ct
16.6	L	Glen Forest Dr
16.9	L	Glen Meadows Dr
16.9	R	Sand Run Rd
19.1	S	Main St
19.8	R	Cherry Blossom Way
20.4	R	3rd St
20.7		Rest Stop - FastLane Troy

Return - 21.6 miles

From Troy FastLane

20.8	L	3rd St
20.8	L	towards traffic circle
20.8	R	At the circle - 1st exit to Old Moscow Mills Rd
22.3	S	Elm Tree Rd
23.2	L	Hwy C (Traffic)
24.1	R	Hwy MM
28.4	R	Scott Rd
30	S	onto Mette Rd
32.3	R	Hwy P
32.4	L	Mexico Rd
35.0	L	Route A (Traffic)
37.4	S	onto Freymuth Rd
38.1	R	Prospect Rd
38.6	S	At circle - cont. on Prospect
38.8	S	At circle - cont. on Prospect
39.1	R	Interstate Dr
40.2	L	Quail Ridge Parkway
40.2	QL	Bluestem Way
40.5	R	2nd Parking area
40.6	S	End of Route