


Quail Ridge Park to Troy FastLane v1 (2300')

JGK rev. 12/22

START

0.0	@	Quail Ridge Park
0.1	L	Bluestem Way
0.3	R	Quail Ridge Parkway
0.3	L	Bike Trail @Interstate Dr
1.2	X	Hwy Z on Bike Trail
5.2	R	Schaper Rd
5.6	L	Veterans Mem Parkway (Busy)
7.3		Optn. Rest Rooms - McDonalds
7.4	R	Hwy W (Busy)
7.4	X	I-70
8.7	L	Dietrich Rd
11.9	L	English Rd
12.8	R	Myers Rd
15.3	L	Spielhagen Rd
16.0	R	Spielhagen Rd
17.2	R	Hwy U (Busy)
17.8	L	Sand Run / Main St
20.7	R	Cherry Blossom Way
21.3	R	3rd St
21.6		Rest Stop - FastLane Troy

Return - 21.8 miles

<u>From Troy FastLane</u>	
21.6	L 3rd St
21.7	L towards traffic circle
21.8	R At the circle - 1st exit to Old Moscow Mills Rd
23.2	S Elm Tree Rd
24.2	L Hwy C (Traffic)
25	R Hwy MM
26.6	R Himmel Rd
27	L Carter Rd
27.5	BR to stay on Carter
27.8	BL Carter Rd
28.4	L Bandes Rd
29.4	L Cappel Rd
30.1	R Hwy MM
31.2	R Scott / Mette Rd
35.1	R Hwy P
35.2	L Mexico Rd
37.8	L Route A (Traffic)
40.2	S onto Freymuth Rd
40.9	R Prospect Rd
41.4	S At circle - cont. on Prospect
41.6	S At circle - cont. on Prospect
41.8	R Interstate Dr
43.0	L Quail Ridge Parkway
43.0	QL Bluestem Way
43.3	R 2nd Parking area
43.4	S End of Route