

September 2022 STLRC Newsletter

Hello STLRC Members,

Celebrate Wildwood is fast approaching. It will be on Saturday, September 24, 2022. We are participating in order to draw new members from that area as there are lots of cyclists who live in Wildwood.

We still need two men to volunteer for Celebrate Wildwood. We need MEN to walk in a parade with bike clothes and helmet walking your bicycle in the Celebrate Wildwood Parade on September 24. It would take up 1 1/2 hours. It is a very short parade but it takes time to assemble the participants. You would find Faye at 9. We will get in our places starting at 9:30. Parade will be at ten. Maybe a 30 minute parade at the longest. (There is a Starbucks nearby for after— also brunch spots to grab a bite.) There will be 11 members in the parade. 4 in bike gear with bikes, 4 in hiking clothes, sticks etc. and 3 carrying our banner. Barry Rinderknecht, Louis Pfleckl and Bill Montgomery have volunteered so far for the parade. We can always use more volunteers.

If you really can't do the parade how about volunteering an hour to man our booth? **We still need one more man for one hour for the booth plus maybe a few alternates. We want two people at all times. Consider attending this affair which should be lots of fun.** This fair will have many booths, live music and food trucks. They set up the booth at 11 and open shortly afterwards. We're done at 5 and we have Barry Rinderknecht and his wife Elizabeth Broyles volunteering to set up and tear down our exhibit. We are doing this to get the word out to Wildwood and other area cyclists about what our club is about and to promote members. **We especially need men participating as our club is made up of 2/3 men.** Bottled water and vintage Route 66 beverages will be provided by Barry Rinderknecht and his wife, Elizabeth Broyles at our booth for volunteers. Let me know if you can help.
> (Pedal for the Cause is on the same day so we understand if you are doing that, you can't help out.).

If you'd like to ride after the parade there are many paths and country roads nearby. Just stay away from Ossenfort as that road is on the Pedal for the Cause route which is on the same day. Email us at admin@stlrc.org to let us know that you will volunteer. This will be a fun event. If you decide to stop by the fair for booths, food trucks and music, be sure to wear your STLRC jerseys and shirts. I have started passing out packs of business card for members to hand out to interested cyclists. If you haven't received any yet, stop by the booth to pick up a baggie of business cards. We get new members just by mentioning our club and handing out business cards.

Tour de Wildwood on October 2 is sponsored by the Missouri Bicycle and Pedestrian Federation and the City of Wildwood. There are two routes this year, 50 miles and 28 miles. More information and registration at <https://mobikefed.org/2022TourDeWildwood> .

Pedal the Cause is scheduled for September 23-25 which conflicts with Celebrate Wildwood (above) but if you are interested see <https://www.pedalthecause.org> for information and registration.

Biking Statistics

July 2022 — There were 33 rides scheduled in July. 28 rides occurred. 190 riders participated, 145 men and 45 women. 5 rides were 11-20 miles long. 8 were 21-40 miles long and 15 were 41-59 miles.

August, 2022 47 rides were scheduled. We were able to complete 40 rides. The average group was 8 cyclists. We had 288 riders. 9 rides for 11-20 miles, 10 for 21-40 miles, and 18 for 41-59 miles.

Leaders Needed: We continue to need additional ride leaders so a few don't have to do all of the work. Please let us know if you would be willing to lead a ride. We will help you. Contact us at admin@stlrc.org

Xenia Bicycle Trip—August 2022

We recently had a small but successful bike trip to the Midwest bike trail capitol in Xenia, Ohio. The weather was scheduled to be 70 % rain every day, but it only rained one morning and we were able to ride a few hours later. There were numerous long rides on country roads but our group wasn't the riders who do our hardest rides. Instead, we did 30+ mile rides on several of the trails going to the quirky, hippy town of Yellowsprings, the historic town of Waynesville eating at an 1803 restored inn with a colorful history, and our 40+ mile ride into Dayton to see the impressive fountains in the Mad River. We were lucky to have Julie Taylor hosting a dinner for us in her fabulous apartment overlooking the fountains. She also advised us of a great new deli to try out in Dayton. Thanks to all who attended. You made the trip so much fun. Biking, Swimming, Riding, watching the US Open and EATING! For former attendees' information, we were at a new hotel that was only four years old. It was amazing as well as the staff. It was an easy road ride into Xenia to start our rides. Attendees: Faye Holdenried, Pat Cannon, Julie Heggs, Mary Randlett and Phil Karnowski

Iowa Bicycling Trip—Summer of 2023

Faye Holdenried

President