

October, 2021

Dear Hiking Friends,

Winter is fast approaching, a time when many of us will be hanging up our bicycles until spring. For others, this seasonal change means it's time to dig out the hiking boots and poles and hit the trails - it's hiking season!

I am happy to report that the St. Louis Recreational Cyclists (STLRC) will continue to offer a comprehensive hiking program with the same insurance available to our cycling members. Claudia has done an excellent job of getting our hiking program started last year. Since she will be wintering in Mexico, Pat Cannon will be our new coordinator.

Like STLRC's cycling program, member-led hikes will be published on the STLRC website. Hiking venues from past years are available in "[Hiking Locations](#)" "[put in link](#)) in the Cue Sheet Library for hike leaders to choose from. The hikes will be rated easy, moderate and difficult depending on the terrain and mileage. New venues and new leaders are welcome and encouraged.

I will be coordinating the hiking program this season. Recruiting volunteer hike leaders is my first priority. Want to lead a hike? Larry Essmann will relieve the tech challenged among us by posting your hikes on the STLRC website if you prefer not to do the posting yourself (however, we will gladly train you). You can choose one of the many hikes listed in "[Hiking Locations](#)" [put in a link](#)) in the Cue Sheet Library.

Because winter weather is so changeable it is often difficult to plan ahead. We will follow our current schedule of Tuesday, Thursday and Sunday as hiking days but any day of the week is acceptable. Gonna be warm and sunny on Wednesday? Jump in on Tuesday and post your hike with Larry Essmann if you do not know how to post one. Members are willing to teach you how to post rides/hikes. Contact admin@stlrc.org

Here's what I need from you:

1. Your name and email address if you want to be on our hiking list. If you hiked last year you should already be on the list. If you asked to add your

name at the recent ride/picnic, your name has been added. (Send to Pat Cannon tapmsw@msn.com)

2. Your name and email address if you want to be a hike leader. (Send to Pat Cannon tapmsw@msn.com)
3. If you are not currently a member of STLRC, please join to be included in our insurance coverage. Send a \$20 check to STLRC Membership Chair Patti Brumleve, 15574 Parasol Drive, Chesterfield, MO. 63017. The annual membership fee includes both the biking and hiking programs. The membership form can be found on the STLRC website. Please mail the completed form with your check to Patti.

Hikes will be posted on the stlrc.org website under ride calendar. Please check it often as hikes may not be listed until 24 hours before a hike due to weather and trail conditions. We will attempt to send email reminders to you on our hiking list.

Check our website calendar frequently and watch for emails of hikes. If you have any questions contact Faye Holdenried (fholdenried@hotmail.com) or Pat Cannon (tapmsw@msn.com).

We are developing a “Hikes” ([put in link](#)) section on our website with information you may want to know about our program.

I look forward to your responses and ideas for a successful hiking season.

Pat Cannon

STLRC Hiking Coordinator

tapmsw@msn.com