START

From Meramec Greenway Trailhead

@ Ridge Meadows Elementary

- 0.0 L exit S towards Trail
- 0.2 S onto Rock Hollow Trail
- 3.3 BR on Trail
- 3.3 R on Trail
- Rest Rooms Al Foster Trailhead
- 3.8 X Old State Rd
- 4.9 X Woods Rd
- 4.9 S Go thru Trail tunnel
- 5.0 R Woods Rd
- 5.1 R Glencoe Rd
- 8.1 L Old Manchester Rd
- 9.0 X Hwy 100 (Fast Traffic)
- 9.0 L Old Manchester Rd
- 9.8 L towards Hwy 100
- 9.8 R Hwy 100 shoulder (Caution)
- 10.1 L Melrose Rd (Be careful)
- 13.3 R Woods Rd
- 13.4 L towards Trail tunnel
- 13.5 S Continue on Trail
- 14.8 BR on Trail
- 15.0 Rest Rooms Al Foster Trailhead
- 15.0 L out of AF Trailhead
- 15.1 L Trail
- 15.1 BL onto Rock Hollow Greenway
- 15.1 S on Trail to Trailhead parking
- 18.1 End Meramec Greenway Trailhead