

West County Lite

JGK 8/20

<u>START</u>		<u>Continue</u>	
0.0	Start	Lifetime Fitness	22.2 R onto Monarch Levee Trail
0.1	R	Towards Clayton Rd	25.2 L stay on Monarch Levee Trail
0.2	R	Clayton Rd	25.4 X Under I-64
0.3	X	Clarkson (Stop Light)	25.6 X I-40 outer rd onto bike Trail
0.8	L	Hutchinson Rd	26.3 R Athletic Field Rd
1.8	X	Manchester Rd	26.4 L N Outer 40 Rd
1.8	S	Old State Rd	26.6 R Spirit of St. Louis Blvd
3.3	R	Harbour Pointe Dr	27.0 X Chesterfield Airport Rd
3.3	R	Copperwood Ln	27.4 L Edison Ave
3.4	L	Copper Lakes Blvd	Long Rd -
3.9	L	Pierside Ln	29.0 X Optional Rest Stop
4.5	L	Old Manchester Rd	Phillips 66
5.3	S	around circle to Old Manchester	31.1 R Baxter Rd
6.3	X	Hwy 109 - (Stop Light)	33.2 R Clarkson Rd
9.1	X	Hwy 100 - Caution	35.7 L Lifetime Fitness
9.1	L	to stay on Old Manchester	
9.9	S	Melrose Rd	
12.2	R	Ossenfort Rd	
13.1	X	Hwy T	
13.1	S	Ossenfort - Caution on downhill	
13.7	BR	Ossenfort towards Hardt	
13.7	R	Hardt Rd	
16.1	L	Wild Horse Creek Rd.	
21.0	L	Centaur Rd	
22.2	L	Centaur Trailhead Rest Stop	