

Monarch Levee - St. Albans – Melrose – Pond 42 miles; 2200' ascent
(Start at Chesterfield Soccer Fields Parking Lot – Hwy 40 / I-64 Exit #14)

gw 01/21

Key: ^ Sharp uphill, v Sharp downhill

0.0	Soccer Fields Parking Lot	0.1	36.0	S Wild Horse Creek Rd	v	1.8
0.1	L Monarch Levee Trail	4.2	37.8	R Centaur Rd		1.1
4.3	R Centaur Rd	1.1	38.9	L Monarch Levee Trail		4.2
5.4	R Wild Horse Creek Rd	2.6	43.1	R Soccer Fields Parking Lot		
8.0	R Ossenfort Rd	^ 1.9				
9.9	X Hwy T	Traffic! 0.9				
10.8	R Melrose Rd	v 1.0				
11.8	L St Albans Rd / Hwy T	Traffic! 0.9				
12.7	R St Albans Rd	1.3				
14.0	Rest Stop Head's Store (Alt)	1.0				
15.0	R Hwy T Traffic	0.4				
15.4	L Little Tavern Rd	^ 3.4				
18.8	R Old Manchester Rd	0.5				
19.3	X Hwy 100	Traffic! 0.0				
19.3	Rest Stop Mobil / Sam's Market	0.0				
19.3	X Hwy 100	Traffic! 0.0				
19.3	R Old Manchester Rd	1.8				
21.1	L Bouquet Rd	^ v ^ 3.0				
24.1	R Melrose Rd	2.4				
26.5	S Manchester Rd	0.8				
27.3	X Hwy 100	Traffic! 0.0				
27.3	S Manchester Rd	2.2				
29.5	L Pond Rd	0.5				
30.0	X Hwy 100	Traffic! 0.0				
30.0	S Pond Rd	2.2				
32.2	L Babler Park Dr	2.0				
34.2	R MO-109 S	Traffic! 0.3				
34.5	L Eatherton Rd	^ 1.0				
35.5	L Wild Horse Creek Rd	Traffic! 0.5				
36.0	X MO-109 S	Traffic! 0.0				