

Forest Park to Old Ferguson Ride

23 Miles: 3Ba

Use parking lots south of Visitor Center in Forest Park. Meet on south side of Visitor Center.

RIDE WEST on LAGOON DRIVE (towards Skinker)

- 1.2 X Cross SKINKER onto sidewalk bike path (right side of Forsyth)
- 1.4 R CENTENNIAL GREENWAY (we may need to walk bikes past library and over bridge)
- 1.7 X FOREST PARK PARKWAY
- 1.8 S ACKERT Walkway Avenue
- 2.0 S MEHLVILLE Avenue
- 2.2 X DELMAR – Continue straight on ACKERT Walkway
- 2.5 L VERNON
- 2.9 R FERGUSON
- 3.8 X PAGE
- 4.7 L ST CHARLES ROCK ROAD
- 4.9 R ST VINCENT GREENWAY
- 7.2 X NATURAL BRIDGE onto UMSL campus – bear right to stay on Grobman Drive (no signs)
- 7.5 R UMSL BIKE PATH
- 7.7 R TED JONES' GREENWAY
- 10.2 S REDMOND
- 10.4 L ADAMS
- 10.7 R SOUTH FLORISSANT
- 10.9 L WHISTLE STOP CAFÉ

RETURN

- 10.9 R SOUTH FLORISSANT
- 11.0 L SPOT DRIVE
- 11.1 R ST LOUIS AVE
- 11.5 L SHORT DRIVE
- 11.6 R TED JONES' GREENWAY
- 14.1 L UMSL BIKE PATH
- 14.3 L GROBMAN DRIVE (no signs)
- 14.6 X NATURAL BRIDGE
- 14.6 L ST VINCENT GREENWAY
- 16.9 R ST CHARLES ROCK ROAD
- 17.1 L PENNSYLVANIA
- 17.9 X OLIVE
- 18.2 R DARTMOUTH
- 18.3 L VARSITY WALK
- 18.7 R DELMAR
- 18.8 L OVERHILL DRIVE
- 19.0 L KINGSBURY (past chains)
- 19.2 R WILLIAMS
- 19.4 X FOREST PARK PARKWAY
- 19.6 R MARYLAND
- 19.8 L ASHBURY
- 19.8 L LINDELL for 50 feet
- 19.8 R ASHBURY
- 19.9 S Alley (through gate)
- 20.3 L WYDOWN
- 21.5 X SKINKER
- 21.5 L BIKE PATH
- 22.5 R BIKE PATH
- 22.8 VISITOR CENTE